



MODULE 9 - RELATIONSHIPS

New Intention for the Month: [Truly Powerful Relationships](#)

“All of life is 100% interconnected, interrelated, interdependent and therefore totally interactive.”

~Toltec aphorism

That means all of life.

“After Stopping the World, it is your relationships that are going to bring the most power into your life. This is true because relationships impact your [time](#), [space](#), [energy](#) and every area of your [life](#). The warrior has the ability to navigate relationships with precision because he or she knows themselves to be their Dreamer. It is by working with power that is always flowing through her relationships that the warrior establishes a flow of grace and ease in navigating and creating on the physical plane.”

~John English

Knowing your real identity, gives you the ability to navigate relationships on a whole different level. In doing so, this really saves you an incredible amount of time. How much time is wasted with drama and taking things personally, etc.

Relationships are one of those ways that the Sovereign Warrior learns to master time. Relationships are one of the ways the Sovereign Warrior learns to create synchronicity in her life.

[CHECK IN](#) (slide)

1. How is it going with changing energy using a stone?
2. Have you been using the stress release process (prayer)?
3. How is it going with taking control of your awareness?
4. What is going on in your life right now and how can we support you?

[WHAT ARE RELATIONSHIPS....REALLY?](#) (slide)

Relationships are about the [Evolution of Awareness](#). Scientists have confirmed that the universe is getting larger. One thing Life does is expand. If you look at your life, your life is a

microcosm of the macrocosm. Your life has been about evolving your own awareness, about growing, expanding as a human being.

How does Evolution of Awareness happen in relationships?

It begins with the original urge or purpose of life or the Nagal -- to know itself. Nagal means Unmanifest or One Spirit. And its sole purpose is to expand and know more about itself. Evolution of Awareness happens as we navigate the unknown of the Nagal.

Navigating the unknown happens when you have a challenge in your life, and you begin to navigate the unknown to make it known. You ask questions. You learn. You grow. You change. The Evolution of Awareness in LIFE would not be complete without your contribution to it.

Because the Nagal includes everything, navigating the unknown and evolving awareness is also Inclusiveness. By taking the unknown and making it known, everything can be absorbed into the known.

Why does this all happen? Why are involved in this dance of Awareness? We just don't know. No one knows. Anyone who claims to know, truly doesn't know. Toltec teachings are grounded in humility. Why they refer to One Spirit as Unspeakable because no one knows anything about it. What most people call God is a projection of man's ego.

Remember that the Toltecs teach the universe is a mystery. The best we can do is seek to understand, knowing we will never fully understand.

DREAMERS (slide)

Who are we?

The Dreamer is your real self. From your Dreamer come the divine attributes of your personality. Some call it your soul. Some call it Spirit. It is the real you. Your individuation of the One Spirit.

The Dreamer is Hermaphroditic. It has both Masculine and Feminine Awareness. The Male incarnates as masculine awareness. The Female incarnates as feminine awareness.

The male on the physical plane has a kind of physical presence. The female on the physical plane has her own of physical presence.

Both male and female have the masculine and feminine principle in varying degrees within their being expressed in their own ways. Often times, we know someone is out of balance in their individual masculine and feminine principle if they are having physical problems consistently on just one side of the body. One way to find out is to do a simple clearing of the energy by asking that the affected side be returned to original or pure Source perfection.

“I ask the Great Spirit to return this body’s (left or right side) principle to Source perfection so that he/she/they may be in balance.”

Energy follows consciousness, or awareness.

Bring your awareness to the intention, speak it into being and then wait and see. If the chronic issues on one side of the body begin to fade, notice if you also feel more balanced within your masculine and feminine principle.

What is the masculine or feminine principle?

These are “loaded” words, understandably, so I will try to focus on the Toltec concept primarily. This is not about sexual organs or genders.

Masculine is about action, movement, doing, creating a strong witness presence. **Feminine** is about intuition, inspiration, creativity, the muse, if you will. The masculine is the nurturing force, the Gardener while the feminine is the essence that inspires the Gardener to garden. Does that make sense? We all have both of these principles but we tend to “embody” one or the other to some degree in form. Everyone has a unique balance of these energies.

RELATIONSHIP LEVELS (slide)

All Relationships exist on several levels. Every ancient esoteric tradition knew this. We know this, too, but we forget. We will be in a conversation or engaging with someone and we just forget that there is a lot going on in this engagement.

We will focus on two levels here tonight:

Dreamer Level

The Dreamer Level is where the relationship was created. Do you think it was just some random happenstance that we ended up in each other’s lives? Our relationship got created at the level of the Dreamer. At the Dreamer Level there is mutual cooperation. We draw each other into our dream so that we can continue to evolve our awareness -- back to the evolution of awareness!

The Dreamer Level is where our relationships are guided from. Our Dreamers decided at some point to engage with other Dreamers on some question in the physical plane. The Dreamer Level is where our Life purpose resides. What pieces of my path are you going to bring into your life and what pieces from your life am I going to bring into mine?

The Dreamer Level is where every major aspect of relationship is worked on.

Physical Level

The Physical Level is where the people involved in the relationship live out their dreamers' intentions. One way or another. This is why mutual cooperation and seeking mutually beneficial outcomes is so important. Your dreamer was powerful enough to create an incarnation on a rock three places from the sun in our milky way, so one way or another our Dreamers intentions are going to be fulfilled.

The Physical Level allows us to work consciously on our manifestations. Most mental and emotional aspects are here on this plane. There are some on the Dreamer level but they are a little bit different; Mental is more visionary with reasoning and emotional is unconditional love. The Physical Level Self has more personality aspects.

When you approach your life and relationships knowing that you are a Dreamer pursuing your Life purpose on the physical plane, your relationships are a lot more fulfilling and bring many more gifts of power.

RELATIONSHIP INSIGHT (slide)

To experience grace and ease in relationship, you need mutual cooperation. The dreamer is the essence of mutual cooperation.

What is mutual cooperation?

Mutual Cooperation is when you approach relationships using your awareness and intuition to help yourself and others fulfill the purpose of the Dreamers. That's what we are doing here, in this program, for example.

You approach every relationship as also being a relationship between Dreamers. When there is a challenge, you can stop, meditate, get in touch with yourself and your dreamer level and ask "what is going on here? What are we supposed to learn?"

You always seek mutually beneficial outcomes. Everything should be in balance. An even give and take of energy. In Quechua language it's called "ainy" or perfect flow of energy.

And you remember that everyone is always engaged in learning and trying to fulfill their dreamer's purpose for this lifetime. It's all about evolution of awareness, learning. All relationships are about personal growth.

Observe nature. Everything in nature is growing and expanding or dying and moving towards death. There is a natural cycle and purpose within every life. All relationships are about trying to fulfill the dreamer's purpose.

What the average person forgets is that two people having coffee in the same place at the same time is NOT a coincidence. They are having a much deeper connection and working on many levels for their Dreamers. But we get busy in our day to day life and we forget. We are asleep.

The Toltecs say life is all about relationships. So, when I have an issue in a relationship, I connect and look closer to find out what I'm trying to learn and maybe what the other is trying to learn. Because I don't know and I want to know.

Everything you need comes through a kind of synchronicity or sacred flow. The right people will show up to help you and vice versa.

WHAT IS A MIRROR? (slide)

“The warrior learns to read the mirrors with stunning accuracy!”
~Toltec Aphorism

A mirror is when you recognize hidden parts of yourself (like shadows) by projecting it onto others. A big mirror or projection is God. People project all kinds of images around that. If you have one finger pointing at someone, you actually have three pointing back at you.

Mirrors are an amazing way to navigate the unknown and get to know yourself. The KEY to identifying a mirror and working with it is the emotional charge. If you are dialoging about this person's behavior, then three of the fingers are pointing back at you. There is something there that involves something inside you and your luminous energy field. Something is hidden from your awareness.

Mirrors are an aspect of the Universal Law of Light and Reflection. The light of perception or the power of life itself is coming down into the physical level, and moving between these two people. This energy is going back and forth, projecting and reflecting each other's perception and awareness. When there is a mirror it doesn't get absorbed but shot back. It's a reflection. You are seeing yourself in another person is the easiest way to explain it.

Mirrors have never failed me. I may not want to admit it at times. If I have an emotional charge about someone's behavior, I'm doing it in one form or another. When you first work with mirrors, initially it's one to one: anger and anger, irritation and irritation, jealousy and jealousy, impatience. After a while, they get to be a bit more obscure or loosely related but they are always there.

Any questions about that?

MIRROR EXERCISE (slide)

1. Over next two weeks, take note of when you have a positive or negative emotional charge surrounding someone else's behavior.
 - a. This goes for your thoughts as well as your feelings and
 - b. They can be from the past or present.
2. Then ask yourself:
 - a. How is that person mirroring for me?
 - b. How, Where or When do I do that?
 - c. Be grateful for the self-awareness and then set your intention to eliminate it from your life!

The warrior learns to read mirrors with stunning accuracy.

One trick if the mirrors are not very obvious, or you see something but do not feel you have an issue with what you see, ask:

“What am I judging them about?”

Do you also judge yourself about that? Have you suppressed it or denied that part of yourself? Is it a shadow aspect you haven't been aware of until now?

Another question is:

“What is this telling me about me?”

UNIVERSAL LAW – EVERYTHING IS ENERGY (slide)

“Everything is energy and that's all there is to it. Match the frequency of the reality you want and you cannot help but get that reality. It can be no other way. This is NOT philosophy. This is physics.”

– attributed to Albert Einstein

This is universal law. There is no need to take anything personally. This is all about evolution of awareness and fulfilling your Dreamers intention for this life time. You can take it all personally and make yourself miserable but there is really no need to. The ability to stop the dialog will be very helpful in working with mirrors.

HOME PLAY (slide)

- Continue Stopping the World and taking control of your awareness.
- Work on as much of your life as possible with the mirror exercise.
- Be gentle with yourself.
- Stay in touch. With your Self, the group and me so that you can stay on track!